



THE WONDERFUL WORLD OF SHARING



Legume-Based Cracker Snack The wO's by Barth Ltd.

Product Overview

Introducing our delicious and nutritious legume-based cracker snack!

Packed with plant-based protein, fiber, and essential nutrients, our crackers are perfect for when you need a munch that's just a little extra special. No weird stuff, just good vibes and great flavor. Made with high-quality legumes such as lentils, chickpeas, and green pea. They offer a crunchy and satisfying snack without artificial additives or preservatives.

Why You'll Love Them

Crazy Crunchy: Deliciously thin, perfectly crispy, made for sharing.

Totally Tasty: Bursting with bold flavors to keep your taste buds happy.

Plant Power: Legumes are just cooler than boring old snacks.

Snack Anywhere: At work, on a hike, or in your PJs at midnight.

Key Benefits

Source of Protein that supports muscle growth and keeps you fuller for longer.

Source of Fiber that helps with digestion.

Plant-Based snack, Ideal for vegetarians and vegans.

No Artificial Additives

Perfect For:

Dipping, dunking, and scooping with your favorite spreads.

Topping with cheese, avocado, or whatever your heart desires.

Snacking at home, work, or on-the-go.

Eating straight out of the bag because patience is overrated.

Children's lunchboxes for a nutritious alternative to chips.

Available Flavors:



Crispy Toasted Mini-Crackers Green peas based crackers with herbs & spices

Ingredients:

Green pea flour (43.8%), rice flour (24.1%), corn flour (24.1%), sunflower oil, salt, emulsifier (lecithin), herbs, spices.

Nutrition Values Per 100 g	
Energy (Kcal)	368
Fat (gr)	7.6
Saturates (gr)	0.8
Carbohydrate (gr)	61.7
Sugar (gr)	1.3
Fiber (gr)	4
Protein (gr)	11.2
Salt (gr)	2.4



Crispy Toasted Mini-Crackers Chickpea based crackers with cumin seeds

Ingredients:

Chickpea flour (38%), rice flour (25.5%), corn flour (25.5%), sunflower oil, salt, emulsifier (lecithin), cumin seeds (0.2%).

Nutrition Values Per 100 g	
Energy (Kcal)	384
Fat (gr)	9.9
Saturates (gr)	0.9
Carbohydrate (gr)	58.7
Sugar (gr)	2
Fiber (gr)	6.6
Protein (gr)	12
Salt (gr)	2.6



Crispy Toasted Mini-Crackers Red lentil based crackers with black sesame & spices

Ingredients:

Red lentil flour (42.5%), rice flour (23.4%), corn flour (23.4%), sunflower oil, Black sesame (3%), salt, emulsifier (lecithin), ground red chili pepper (0.3%).

Nutrition Values Per 100 g	
Energy (Kcal)	376
Fat (gr)	8.9
Saturates (gr)	1
Carbohydrate (gr)	60.5
Sugar (gr)	1.2
Fiber (gr)	3.8
Protein (gr)	11.3
Salt (gr)	2.3



Kosher: Badatz



Made in Israel
Manufactured by: Barth Ltd.
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ISRAEL